



# Pre-Season Training with Jermaine Wilson

Thursdays, Sep 15-Oct 27  
6:00-7:30 pm

Training sessions will cover:

- Advanced Ball Handling Drills
- Shooting techniques
- Offensive Moves
- Reaction and Quickness Drills

Cost for all 7 sessions is: \$170.

Pay-as-you-go rate is \$30/session

Discounts: 2016 ITZ AAU players get \$30 off

- Sibling Discount: Each sibling receives a \$15 off
- Register with a buddy and both receive a \$10 off\*\*
- Register with 2 buddies and all 3 receive a \$15 off\*\*
- Register with 3+buddies and all receive \$20 off\*\*

\*\* to receive the Buddy discount, each person must list their Buddies on the registration form. Discounts not available for pay-as-you go athletes. Cannot combine multiple offers.



Instructor:

- Jermaine Wilson, Trainer for NBA players
- Darrun Hilliard, Aaron Gray and Luol Deng;
- Division 1 Jalen Cannon, Matt Husek

Co-ed Grades 7-12.

In the Zone, 6870 Chrisphalt Drive, Bath, PA 18014

For more information call Steve at 610-837-8605, or email [sturpening@aol.com](mailto:sturpening@aol.com)

Name \_\_\_\_\_ Address \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_ Age/Grade \_\_\_\_\_

Consent and Waiver: I certify that my son/daughter \_\_\_\_\_ has had a physical examination by a licensed physician within the last year and is in sound physical condition for participation at the In The Zone Basketball Club. I authorize the staff of In The Zone to act for me to their best judgment in situations requiring first aid or medical attention. I understand participation in athletics has certain inherent risks and assume responsibility for those risks. I waive and release In the Zone and those directing the camp from any and all liability for any injury my child might incur while participating in the camp.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_ Buddies \_\_\_\_\_