

Meet the Instructor

Steve Turpening

A life long athlete, Steve graduated from Anthony Wayne HS just outside Toledo, OH where he played football, basketball, baseball, track and club level soccer.

He graduated from the United States Military Academy at West Point in 1986 where he played 4 years of intercollegiate 150 lb Football and also participated in intramural boxing, wrestling, racquetball and softball.

Steve has coached youth soccer (8 yrs) for the Bethlehem Township Bulldogs and was the organization's Soccer Coordinator for 1 year; basketball for 10 years, football for 2 years and baseball for 2 years.

Steve is a Certified Personal Trainer and a Certified Speed, Agility and Quickness Trainer (*Certification by NESTA: National Endurance Sports Training Association*)

Since opening In the Zone in April of 2004, Steve has conducted basketball camps, leagues, clinics and lessons; baseball clinics and lessons; Speed, Agility and Quickness camps and lessons; and many personal training sessions. In the Zone is also home for one of the largest AAU basketball programs in the region

Steve is married to Michele and has 3 kids, Savannah 31, Sam 28 and Kailey 15.

About In The Zone's Birthday Parties. . .

In The Zone's spacious 22,000 sq. ft. indoor, air conditioned facility is the perfect place to celebrate your child's birthday. Our Personal Party Coordinators are sports enthusiasts and are experienced in hosting youth sports birthday and team parties for children of all ages. We pride ourselves in striving to make your child's party the perfect celebration.

Your child and his/her guests will love our organized sports activities . . . and you will have the opportunity to sit back and relax. -- We do the work, you enjoy the party!

Now's the time to call us to . . .

*Get the Party Started at
... **IN THE ZONE!***



2019-2020 Home School Gym Classes At

In the Zone



Athletics

Grades K-9



In the Zone

6870 Chrisphalt Drive

Bath, PA 18014

610-837-8605

www.inthezonesports.biz

To register, complete application below, circle the sessions you would like to attend and mail with payment to: *In the Zone, 6870 Chrisphalt Drive, Bath, PA 18014*

Name(s) _____

Address _____

Parents Names _____

Phone _____ Grade(s) _____

E-mail _____

Soccer	Oct 3-31, 2019
Basketball	Nov 7- Dec 12
Floor Hockey	Jan 2 –30, 2020
Wiffleball	Feb 6– Mar 5
Dodgeball	Mar 12– Apr 9

Consent and Waiver:

I certify that my child _____
has had a physical examination by a licensed physician within the last year and is in sound physical condition for participation at In the Zone.

I authorize the staff of In the Zone to act for me and to use their best judgment in situations requiring first aid or medical attention.

I understand participation in athletics has certain inherent risks and assume responsibility for those risks. I waive and release In the Zone and those directing the program from any and all liability for any injury my child might incur while participating.

Signature of Parent/Guardian

Date

Overview

In the Zone will be conducting gym classes for home school students starting Thursday, October 3, 2019.

- Each course will be 5 weeks long with one class each week on:

**Thursdays from 1:00-1:50
for grades K-4**

**Thursdays from 2:00-2:50
for grades 5-9**

- Each 5 week course will cover a particular sport (soccer, wiffleball, basketball, etc.). The focus will be on fundamentals, teamwork, having fun and conditioning.
- About 5-15 minutes of each class will be devoted to aerobic activity usually in the form of Agility and Quickness Training, relay races or backyard games.

Schedule

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Equipment/Attire

Unless specifically stated, all classes will be held inside at In the Zone. Students will not be required to bring any equipment. Students should wear appropriate athletic attire such as shorts, T-shirts, socks and sneakers. Flip-flops and open toed shoes are not appropriate.

Cancellations

Classes will be held rain or shine. In the event of **severe** inclement weather (blizzards, ice storms etc) the cancellation along with a make-up class will be e-mailed. Parents can also check status on website.

Tuition

\$40.00 for each 5 week course

Multiple Child Discounts:

\$36.00 for second child

\$33.00 for third child

\$30.00 for each additional child

Arrangements can be made to pay for combined classes, i.e. Soccer and Basketball as a Fall Session in order to meet certain school or state criteria.

Registration

There is a \$15 registration fee for each family which covers all the kids in that family for the entire academic year, 2019-2020.

To register for a class, complete the registration form, sign the waiver and mail with the \$15 registration fee and half the course tuition for each child. The remainder will be due on or before the first day of class.

Directions: From intersection of Rte 512 and 22, north 4 miles on 512. Right on Chrisphalt Dr just before borough of Bath. In the Zone is 1/2 mile on right. Directions also posted on our website at www.inthezonesports.biz