

Basketball and Volleyball Summer Camps 2022

Fundamentally Driven!

Want to get a whole season's worth of practice in one week? In the Zone Basketball and Volleyball Summer Camps!! Focused skill development; intense training with results driven instruction. Camps include renowned ITZ Camp T-shirt!

Listed by Camp Type	Dates and Times	Ages	Camp Notes
Shooting Camp \$95/camp	June 13-16 9:00-12:00 Aug 8 -11 9:00-12:00	Grades 4-12 Co-ed	Learn proper shot mechanics become a knock down, lights out shooter. 500 shots/day
Ball Handling and Finishing \$95/camp	June 13-16 12:30-3:30 July 18-20* 12:30-3:30 Aug 8-11 12:30-3:30 *Mon-Wed and \$75	Grades 5-12 Co-ed	Develop great handles, up your game; Single, double and triple moves. 16 Finishes
Court IQ: Read & React \$160/camp <i>NEW FOR 2022</i>	Jun 20-23 9:00-3:00	Grades 5-12 Co-ed	Learn the art of moving without the ball by reacting to what the ball handler does
Agility, Footwork and Quickness \$95/camp	June 20-23 12:30-3:30 July 26-29. 12:30-3:30	Grades 4-12 Co-Ed	Faster, quicker, more agile. Good for athletes of any sport.
Tough Guy Camp \$160/camp	Jun 27-30. 9:00-3:00	Grades 4-12 Co-ed	DEFENSE AND REBOUNDING!
Post Player Camp \$75/camp	July 18-20* 9:00-12:00 *Mon-Wed	Grades 5-12 Co-ed	Own the Paint, 35 big man offensive moves and lots of time to practice.
Offensive Skills and Scoring \$160/camp	July 26-29 9:00-3:00	Grades 5-12 Co-ed	Getting to the rim and putting the ball in the basket
Court IQ and Scrimmage \$160/camp	Aug 1-4 9:00-3:00	Grades 5-12 Co-ed	Learn the art of basketball, 1v1 to 2v2 to 3v3 then 5v5. Coaches love high IQ players
Scoring and Shooting \$160/camp	Aug 15-18 9:00-3:00	Grades 5-12 Co-ed	Jump shots and lay-ups. "to win, you gotta put the ball in the basket."
Youth FUNDamentals \$95/camp \$75 3-day camp*	Jun 20-23. 9:00-12:00 July 18-20* 9:00-12:00 Aug 15-18 9:00-12:00 *Mon-Wed	Grades 1-5 Co-ed	Learning the basics of the game and having fun.
Volleyball Skills Camp \$160/camp	June 13-16 9:00-3:00 July 5-8* 9:00-3:00 Aug 1-4 9:00-3:00 *Tues-Fri	Grades 4-10 Co-ed	Fundamentals, technique and focused training.

By Camp Date	Camp	Times	Fees
June 13-16	Shooting Camp Ball Handling and Finishing Volleyball	9:00-12:00	\$95
		12:30-3:30	\$95
		9:00-3:00	\$160
Jun 20-23	Youth FUNdamentals Agility, Footwork and Quickness Court IQ: Read and React <i>NEW FOR 2022</i>	9:00-12:00	\$95
		12:30-3:30	\$95
		9:00-3:00	\$160
June 27-30	Tough Guy	9:00-3:00	\$160
July 5-8 (Tues-Fri)	Volleyball	9:00-3:00	\$160
July 11-14	TBD		
July 18-20 (Mon-Wed)	Youth FUNdamentals (3 day camp) Post Player (3 day camp) Ball Handling and Finishing (3 day camp)	9:00-12:00	\$75
		9:00-12:00	\$75
		12:30-3:30	\$75
July 26-29 (Tues-Fri)	Offensive Skills Agility, Footwork and Quickness	9:00-3:00	\$160
		12:30-3:30	\$95
Aug 1-4	Court IQ and Scrimmage Volleyball	9:00-3:00	\$160
		9:00-3:00	\$160
Aug 8-11	Shooting Camp Ball Handling and Finishing	9:00-12:00	\$95
		12:30-3:30	\$95
Aug 15-18	Scoring and Shooting Youth FUNdamentals	9:00-3:00	\$160
		9:00-12:00	\$95

Basketball Camp Discounts:

- ITZ Spring 2022 AAU discount: 40% off
- Multi Camp Discounts (10% off for 2nd camp, 20% off for 3rd, 30% off for 4+)
- Sibling Discount: 10% off for each
- Buddy 1: Discount 10% off each (you and 1 friend)
- Buddy 2: Discount: 15% off each (you and 2 friends)
- Buddy 3: Discount: 20% off each (you and 3 or more friends)

Volleyball Camp Discounts:

- Multi Camp Discounts (\$15 off for 2nd camp, \$25 off for 3rd)
- Sibling Discount: \$20 off for each
- Buddy 1: Discount \$10 off each (you and 1 friend)
- Buddy 2: Discount: \$15 of each (you and 2 friends)
- Buddy 3: Discount: \$25 off each (you and 3 or more friends)
- Team Discount for 4-5 players from same team, \$35 off
- Team Discount for 6 or more players from same team: \$45 off.

Cannot combine Discounts. See website for other info on discounts, policeis etc: <http://inthezonesports.biz>